

On the Web at www.navalorder.org

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COMMANDER GENERAL'S REPORT TO THE ORDER

My Fellow Companions,

The last year was hugely successful for the Naval Order, with the magnificent dedication of our Navy D-Day Monument in Normandy, France in September followed by a terrific National Congress hosted by the New Orleans Commandery. Now, 2009 promises to be another great year!

You have received our special commemorative issue of this newsletter with all the pictures and stories of the Normandy Dedication, and I cannot say enough about the outstanding leadership of our chairman for the Monument project, CAPT Greg Streeter, and the personal effort put forward by all who worked with him. Thanks to your generous contributions and those of many Naval Order friends, especially Companion Marshall Cloyd, our Monument was fully funded. The last newsletter contained information on the Naval Order DVD created by Tim Gray Media and how you can obtain a copy. I have seen the film and strongly recommend it for viewing by all Companions. You might even consider getting a copy for your community high schools or city library. This great story should be told many times over!

Special thanks and "Bravo Zulu" to CAPT Gary Bair. Commander of the New Orleans Commandery, for his hard work in planning the November 2008 Congress. Our New Orleans companions put together a fabulous four-day event that included a Mississippi River dinner cruise aboard the Creole Queen. Congress sessions included "Sea Service Heroes of WWII - Up Close and Personal" and a Flag Officer panel discussion. Among the guest speakers were U.S. Senator David Vitter from the great state of Louisiana; VADM John Harvey, Director, Navy Staff; RADM Jay DeLoach, Director of Naval History; and Dr. Bill Dudley, NOUS Historian General. The Congress attendees toured the National World War II Museum, where Greg Streeter briefed us all on the Normandy Monument Dedication. We also enjoyed fine meals at Arnaud's Restaurant, K-Paul's Louisiana Kitchen, and Li'l Dizzy's Café. During Friday's luncheon, the 2008 Lee Douglas Award was presented to not one but two very deserving Commanderies, Monterey Bay and Florida First Coast. And events culminated in the Saturday evening banguet, when Gen. James L. Jones, Jr., USMC (Ret) received the *2008 Distinguished Sea Service Award*. Gen. Jones, the 32nd Commandant of the Marine Corps and later the Supreme Allied Commander Europe Command and Commander of U.S. European Command, continues his service to the nation with his recent appointment in the Obama administration as National Security Advisor.



Past Commander Generals gather with Gen. James L. Jones, Jr. in front of CAPT Ken Johnson at the podium for the 2008 DSSA Banquet. From left are RADM Thomas Brown III, Gen. Jones, CAPT Carter Conlin, and CAPT James Brooke III.

I invite you all to note the dates of our next Congress, hosted by the Florida First Coast Commandery, scheduled for 14-18 October in Jacksonville, FL. The theme for Congress 2009 is "First Coast-The First City-Under Five Flags." Early details are inside this newsletter, and you will find the latest info and registration materials on our website, www.navalorder.org.

Welcome aboard to the new NOUS Recorder General, CDR Lou Orsini, USCG (Ret), and many thanks to Vance Morrison, who after years in that office is now serving as Asst. Recorder General. Our success in filling key national positions encourages me to let you all know that Kate Gray, managing editor for NOUS News, will also step down later this year. Any Companion interested in taking up the proverbial blue pencil on behalf of the Naval Order should contact Kate at grayusnr@aol.com to find out more about the position.

Warm regards, Ken Johnson CAPT, USN (Ret)

NEW ORLEANS CONGRESS WRAP-UP

It was our great pleasure to show off our exciting (and delicious) city during the 2008 Congress! CAPT Gary Bair was especially proud of the 34 Commandery hosts who helped and participated in the Congress.



Mardi Gras Royalty reign over the DSSA Banquet at the 2008 National Congress in New Orleans! From left are CAPT David Whiddon, Janet Nagelin, Greg Kahn, Pat Kahn, and CAPT Gary Bair.

We were treated to the insight of truly distinguished leaders, from the warm welcome by Jackie Clarkson, New Orleans City Council President, to the inspiring address by Gen. James Jones, our next National Security Advisor. The FOGO

panel featured Lt.Gen. Jack Bergman, USMCR, RADM Joel Whitehead, USCG and RDML John Messerschmidt, USN. VADM John Harvey, until recently the Chief of Naval Personnel, and now Director, Navy Staff (OPNAV), addressed the status and challenges of today's Navy. A special highlight was meeting our WWII veterans and Katrina rescue leaders.

It was a long time coming, finally getting everyone to New Orleans. We look forward to seeing you later this year in Jacksonville.



VADM John Harvey is flanked by NOR Commander Gary Bair and NOUS Commander General Ken Johnson.

Commanderies Receive Lee Douglas Memorial Award in New Orleans

LCDR Lee Wayland Douglas served as NOUS Recorder General from 1982 through 1995. Gifted with the Naval Order's most prized talents of writing and research, LCDR Douglas' work showed singular devotion to duty and benefited local

Commanderies as well as individual Companions. His efforts merit special recognition even today, through the annual *LCDR Lee W. Douglas Memorial Award*. This year two Commanderies earned the coveted plaque. **Bravo Zulu to both!**



Monterey Bay received the award for the second time in the five-year history of the presentation. CDR Mike Zuffoletto, USN (Ret), accepted the award on behalf of the MON Commandery. CDR Zuffoletto holds national office as the Naval Order's Chaplain General.



Florida First Coast nearly doubled its membership in the last two years. The award also recognized the Commandery's remarkable support for Naval Order initiatives at both the local and National levels. CAPT John E. O'Neil, Jr., USN (Ret), First Coast's Commander, accepted the award with the congratulations of Awards Chairman, RADM Tom Brown (left) and Commander General CAPT Ken Johnson (right).







Correction: Mr. William H. Schmidt should have been included as one of the donors to the US Navy Normandy Monument at the \$1000 and above level in the last issue of *NOUS News*. His name was inadvertently left out of that listing.

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CAPT Kenneth A. Johnson, USN (Ret) Commander General and Publisher

CAPT Kathryn T. Gray, USN (Ret) Editor, NOUS News 1312 Sussex Place Norfolk, VA 23508-1133 Email: grayusnr@aol.com

> Submissions for next issue of NOUS News are due not later than 30 APRIL 2009.

6th Annual Sirian Award Presented

CAPT Jim Alosi, USN (Ret), NOUS Companion and President of the USS Constitution Chapter of the Surface Navy Association (SNA), presented the 2008 George Sirian Service Award to QMC (SW/ AW) James Kuroski, USN. The award, an engraved replica of a 19th century cutlass. goes to a Chief Petty Officer who best exemplifies surface warfare excellence. It is named in honor of George Sirian, who served with distinction for nearly 50 years, first as an ordinary seaman, and later as a Master Gunner and Warrant Officer. His service included multiple tours onboard USS CONSTITUTION during the ship's prime years in the first half of the 19th century.

Chief Kuroski is himself a former CON-STITUTION crewmember, now assigned to USS KAUFFMAN (FFG 59) in Norfolk, VA. CAPT Alosi made the presentation pierside in Charlestown Navy Yard, where CONSTI-TUTION, honorary flagship of the Naval Order, is in overhaul.

MONUMENT DONATION EARNS NOTEWORTHY GIFT

National Capitol Commandery hosted a very special luncheon in early December for three guests from TriWest Healthcare Alliance. CAPT Paul Crissy, USCG, used the occasion to present a magnificent 12" replica of the Normandy Monument to Mr. David J. McIntyre, Jr., President and CEO. Seven Companions who participated in the Dedication also attended the luncheon and described their experiences – WWII vet CAPT Richard Zimmerman was a particular hit with the guests!



Companions who went on the NOUS Normandy Monument tour gather round the replica recipient. From left are Jack Sheehan, Jean Herz, Kent Siegel, David McIntyre, John Kirkpatrick, Dick Zimmerman, Dan Felger (hidden), and Vance Morrison.

TriWest Healthcare Alliance is a privately held company based in Phoenix and contracted by DoD to administer the TRICARE program in the western U.S. The company also proudly partners with organizations that support service members and their families. In a recent initiative, TriWest made contributions totaling \$50,000 to the Monument project and the Dedication documentary.

The Naval Order has presented only one other foot-high replica, to Mr. Marshall Cloyd. Each was individually modeled by sculptor Steven Spears specifically for its recipient.



TOUR NORMANDY WITH RAY PFEIFFER

America's Most Experienced WWII Tour Guide

Companion Ray Pfeiffer, the official NOUS tour operator for the Naval Order's Normandy Monument Dedication, has been guiding tours in Normandy for 27 years. See his website at **www2tours.com**. To arrange for a private tour of Normandy and other areas of Europe, contact Ray via e-mail at **ww2tour@aol.com** or by phone at (813) 966-6727.

TEXAS COMMANDERY BANQUET AND FADM CHESTER W NIMITZ LEADERSHIP AWARD CEREMONY

The Texas Commandery held its annual banquet and FADM Chester W Nimitz Leadership Award Ceremony at the Houston Racquet Club on Saturday, 7 February 2009. The 2008 recipient of the Nimitz Award was CAPT Carter B. Conlin, USN (Ret), immediate past Commander General of the Naval Order of the United States and former Commander of the Texas Commandery. CAPT Conlin began his naval service during WWII and was recalled to active duty during the Korean War for sea duty aboard destroyers. He continued as a member of the Naval Reserve and retired after 39 years of service.

During his tenure as Commander General, the U. S. Navy Monument Project at Normandy, France was undertaken by the Naval Order with its dedication on 27 September 2008.

CAPT Conlin has held various positions with the Navy League and is currently a National Director. He joins 22 other distinguished Nimitz awardees and his name will be placed on the *Nimitz Award* plaque at the Admiral Nimitz Museum in Fredericksburg, TX.



L to R: CAPT Kerry Magee, TX Commandery Commander; CAPT George Holyfield; CAPT Carter Conlin, *Nimitz Award recipient*; CAPT Dean Hill; CAPT Dave Burr; CAPT Zeb Alford; Marshall Cloyd, major sponsor of the Normandy Monument project; CAPT W.O. King and CAPT Charles Hewell.



NAVAL ORDER AWARD PRESENTED AT COAST GUARD ACADEMY

By LCDR Rob Oatman, USCG

For cadets at the U.S. Coast Guard Academy, Convocation marks the beginning of each academic year and comes second only to Commencement in generating excitement. Convocation helps to focus the faculty, staff and students along a common purpose and infuses a strategic vision and direction. It is also a time to recognize special achievement. NOUS has become a key contributor to this event with its own Naval Order Award. The award goes annually to that junior officer faculty member whom the cadets themselves vote as best exemplifying personal commitment and the pursuit of academic excellence. The Cadet Academic Advisory Board closely monitors the vote and keeps the result secret, so the recipient's surprise adds particular interest.

This year the Award went to LT Jamie Smith of the Mathematics Department. LT Smith, a graduate of USCGA in 2000, previously had command of USCGC HADDOCK



LT Jamie Smith proudly receives his plaque from RADM Bill Merlin, USCGA '56

and earned an MS at Stanford University.

Quickly finding words, LT Smith remarked on his sincere interest in teaching and graciously thanked his Academic peers, Academy staff and the corps of cadets. The audience applause served to reinforce the prestige and sense of ownership the cadets have come to associate with the *Naval Order Award*.

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WNY Companion Recognized FOR ESGR SERVICE



RADM Grooms presents the OSD Exceptional Public Service award to Fred Dentinger, with Mr. Al West, current Chair of the Western NY ESGR Committee, at the lectern behind.

Companion Frederick R. Dentinger received the *Secretary of Defense Medal for Exceptional Public Service* for his nine years as Chairman of the ESGR Committee of Western New York.

Employer Support of the Guard and Reserve (ESGR) is a DoD agency established to gain and maintain employer support for Guard and Reserve service by recognizing outstanding support, increasing awareness of the law, and resolving conflicts through mediation.

RADM Bruce E. Grooms, USN, Director Submarine Warfare Division at OPNAV, made the presentation before a gathering of more than 80 at the Country Club of Buffalo. RADM Grooms was guest speaker that morning at an ESGR "Bosses Breakfast." Others attending the Breakfast included VADM Al Konetzni, USN (Ret) and Mike McGrath, NLUS President, as well as WNY Companions James Carlo, Richard McCormick, and Steven McGanka.



SHOP THE SHIP'S STORE!

The NOUS Ship's Store is always open to Companions. In addition to regalia items, like the NOUS rosette lapel pin or blazer patch, you can order the NOUS polo shirt (royal blue with gold embroidery) or ball cap, as well as many other items.

Go to our website at **www.navalorder.org**, click on "Ship's Store" to download an order form, and with your payment to:

CAPT Kris Carlock, USN (Ret) PO Box 170394 San Francisco, CA 94117

Questions? Reach CAPT Carlock at 415-725-2101 or by email, kriscarlock@comcast.net.

CATCHING UP WITH THE COMMANDERIES



From left: John O'Neil, Lee Hoffer and VADM Michael Kalleres at First Coast's annual summer potluck. With nearly 30 attendees we enjoyed many fine comestibles and plenty of good sea stories too!

Florida First Coast – We had a great turnout for our black-tie Pearl Harbor Dinner at Queen's Harbour Yacht and Country Club. The "stars" were shining brightly, as we had a former ambassador and seven Flag and General officers. Our guest speaker, Mr. Alan Bliss, is a new Companion and History instructor at the Univ. of Florida, where he expects to earn his Ph.D. this coming May.



CAPT Greg Streeter, NOUS Commander General-Elect; Mr. Jim Gaff, Honorary Chairman of the Navy D-Day Monument Campaign; CAPT John O'Neil, First Coast Commandery Commander; and Robert "Doc" Ingram, Vietnam-era Medal of Honor recipient

Several Companions visited Jacksonville's Museum of Science and History in January for an "Old Ironsides Across the Nation" event. RADM John Gavan, Sheila McNeill (former National NLUS President) and Bob Averill, among others, witnessed crewmembers from USS CONSTITUTON demonstrate gun drills and boarding pike demonstrations. Eighteen crewmembers in period 1812 uniform, along with CO, CDR Bill Bullard, visited Jacksonville to demonstrate 211 years of life aboard the venerable warship. They brought along artifacts including a three-ton, 24 pounder cannon! Greg Streeter and Gerry Maloney were among those at a reception for CONSTITUTION'S CO and crew at the St. Augustine Lighthouse and Museum.



John O'Neil gave traditional First Coast Commandery coins to CONSTITUTION gun crew members. The coin depicts both the NOUS logo and The Ship.

Hampton Roads – In the fall, our companions joined the World Affairs Council of Greater Hampton Roads for an evening with Gen. James N. Mattis, USMC, Supreme Allied Commander Transformation and Commander, U.S. Joint Forces Command. The NATO leader talked about the Alliance's role in solving conflict, and afterwards fielded many interesting questions.



Companion Ralph Nahra, President of the Hampton Roads World Affairs Council, and Gen. James Mattis. Photo courtesy of Rebecca Wellumson, WAC intern.

HRD Companions sponsored several young active duty members for our Pearl Harbor Dinner at Norfolk Yacht and Country Club. The highlight of the evening was a visit by Gen. Douglas MacArthur (represented by actor Bill Young) and his fascinating first-person account of the general's life.



Standing (from left) are Lt.Col. Jeff Christman with Sgt. Khanh Chau; OS2 Jayne Clifford and RADM Norman Venzke; RMC(SS) Bill Mereno with ET1(SS) Jeff Skogen; and William Young in the role of Gen. MacArthur. Seated are Kelly Vo Chau and Julie Skogen.

Several Companions were in the crowd (estimated at over 10,000) at Naval Station Norfolk for the commissioning of USS GEORGE H. W. BUSH (CVN 77) in January. It was a cold, clear day but a wonderful ceremony!

Massachusetts – Companions enjoyed the festivities of this year's New England Sea Services Holiday Ball, with honored guest, Col. Gregory A. Boyle, USMC, Commander of the Wounded Warrior Regiment based in Quantico, VA. We displayed a Naval Order wreath in memory of all who died at sea in service to their country. A few days after the Ball, the wreath was again on show at the December Wardroom Club dinner, before meeting its destiny in the waters of Boston Harbor.

Monterey Bay — Companions and Navy League friends gathered for the annual Pearl Harbor Remembrance, featuring CAPT Jeff Kline, USN (Ret), Senior Lecturer at the Naval Postgraduate School. Following the dinner, LT Sam Bell, USN, Commander of the MON Commandery, presented Jeff with a book as a gift of appreciation, *On the Treadmill to Pearl Harbor*, the memoirs of ADM James O. Richardson, USN (Ret).



CAPT Jeff Kline and LT Sam Bell at the December 7th Remembrance Dinner

New York – the Commandery kicked off its 2008/2009 season in September with VADM Joseph D. Stewart, Superintendent of the Merchant Marine Academy at King's Point, discussing the merchant marine role in national security.

Author Steven Sussna addressed the Commandery in October, introducing his book *Defeat and Triumph: The Story of a Controversial Allied Invasion and French Rebirth*, about the invasion on the south coast of France. Dr. Sussna himself was a sailor in LST 1012, and took part in Operation Dragoon on 15 August 1944.

We celebrated the annual *RADM Samuel Eliot Morison Award* for Naval Literature

CATCHING UP WITH THE COMMANDERIES

with a dinner in November at the New York Yacht Club. Over 65 people attended the black-tie affair to honor renowned author George C. Daughan for his recent book, *If By Sea: The Forging of the American Navy from the Revolution to the War of 1812.*

At our December luncheon, VADM Paul G. Gaffney II, USN (Ret), President of Monmouth College in New Jersey, and an expert in oceanography, spoke on the effects of the changing environment on U.S. national security policy.

Newport – the Commandery is underway once again! On 18 October, Vice-Commander General (Membership) Don Schuld joined the Commandery as it assembled a new group of leaders. Dinner at the "O" Club saw 17 attendees, including Professor John Hattendorf, Chairman of the Naval War College's Maritime History Dept, and RADM Glenn Whisler, Director of the Board of Trustees for the NWC Foundation.



NPT Commandery officers (from left): CDR Kevin J. Delamer (Vice Commander), Prof. Michael Pavkovic (Recorder), Don Schuld (VCG – Membership), RMC George Wardwell (Treasurer), and CDR Douglas Smith, Ph.D. (Commandery Commander)

Our first event since reforming commemorated the Japanese attack on Pearl Harbor with Daniel Martinez, Historian at the USS ARIZONA Memorial. Mr. Martinez was in town for a presentation at the Naval War College.

Texas – the Commandery's pre-Monument Dedication luncheon on 11 September 2008 saw more than 70 companions and guests gathered at the Houston Racquet Club. Marshall Cloyd received a Life membership letter delivered by CAPT Carter Conlin, to recognize his generous sponsorship of the Normandy Monument. Special guest speaker Clyde Combs was a QM2 (and the senior enlisted man) in PT 515 for the Normandy invasion and patrol operations in the English Chan-

nel for several months afterward. The luncheon theme called on the motto of USS NEW YORK (LPD 21): "Never Forget."





CAPT Carter Conlin makes special presentations to Companions Marshall Cloyd (left) and Clyde Combs

We also sponsored our annual Pearl Harbor Ceremony aboard USS TEXAS (BB 35) in December. The event began with a flyover by the Commemorative Air Force and included a wreath presentation to Lewis LaGesse, state chairman of the Pearl Harbor Survivors Association.



Standing, L to R: LCDR Bryan Crittendon, CHC, USN, Carter Conlin, Bob Youngman, Allus Moore, and Kerry Magee. Seated: Enoch Vaughn, David Lock, George Hemingway and Lewis LaGesse.

Western New York - "Buffalo Navy Week" featured many exciting events last August and our Companions were in the thick of things. RADM Michael Lynden, originally from Buffalo and now Director of OPNAV N141, Supply Ordnance and Logistics Operations, was in town to conduct a forum on naval strategy. Along with his presentation, we enjoyed one by CDR Curt Jones, PCO of USS NEW YORK (LPD 21), and a luncheon at the Buffalo Yacht Club.



Companion Richard McCormick stands with CDR Curt Jones, USN, after a "Buffalo Navy Week" event.

The Commandery also sponsored a highly informative tour of the RiverWright facilities, an ethanol production plant on the Buffalo River. RiverWright President and CEO Gregory D. Stevens led the tour and joined us at McCarthy's Tavern afterwards. All agreed that seeing the rehabilitation of some of our waterfront infrastructure has been very encouraging!



From left are WNY Companions Albert D'Errico, Richard McCormick, Greg Stevens of RiverWright LLC, Steve McGanka, Jim Carlo, Appleton Fryer, and Melvin Pauly.

Companion James Carlo has worked tirelessly to make the Navy Sabbath a significant local tradition. On 2 November, Bishop Edward Kmiec celebrated Mass at St. Joseph's Cathedral, followed by a reception for service members and veterans.

In November USS FREEDOM (LCS 1) made a port visit to Buffalo, where the crew received a warm welcome despite the cool weather. Fred Dentinger obtained tickets for the crew to attend a Buffalo Bills vs. Cleveland Browns game at Rich Stadium. He brought the FREEDOM's CO, CDR Don Gabrielson, and several crewmembers to the Quarterback Club Meeting, where they met Bills' owner (and former Navy man), Ralph Wilson.





USS FREEDOM (LCS 1) drew large crowds during its visit. Photos courtesy of PHC Tom Kelly, USNR.



Relive the Dedication!

The Naval Order Foundation proudly offers **Navy Heroes of Normandy**, a DVD documentary of the Monument story from concept to Dedication, by filmmaker Tim Gray.

Copy this form and mail with your check (payable to **Naval Order Foundation**) to:

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Questions? Contact Monument Chairman, Greg Streeter, at **gstreetr@bellsouth.net**.

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New Companions 16JUN08-31DEC08

ARIZONA Samuel T. Alexander ISCS Jon C. Altmann , USN CAPT Allan W. Collins , USN

CAPT Allan W. Collins , USN Capt. John W. Roberts Jr., USAF

FLORIDA FIRST COAST

Alan J. Bliss
CAPT Reggie P. Carpenter, USN
Michael R. Covino
E-3 Walter J. Bussell, USN
BM3 James H. Gaff, USN
Lt.Col. Michael S. Grogan, USMC
CDR William B. Hickman, USN
CDR Ronald B. James, USN
CTR1(SW) Terry A. Johnson, USN
SK3 Patricia F. Simoni, USN
RD2 William C. Stankiewicz, USN

HAMPTON ROADS

Edward A. Richardson, USN

ILLINOIS

Cpl Ernest Birch Jr., USMC

NATIONAL CAPITOL

SM3/C Roy W. Brown, USN LT Kempton D. Baldridge, USN CAPT Weldon J. Campbell Jr., USN RADM Jay A. DeLoach, USN FC1 Mark J. Donovan, USN CMCN Zachary R. Flott, USN CAPT Robert P. Glover, USN Gen. James L. Jones, USMC LT Jeffrey A. Mendonca, USN LCDR Nancy L. Mendonca, USN LCDR Kevin P. Meyers, USN CAPT Robert O. Wefald, USN CAPT Richard G. Zimermann, USN

NEW ORLEANS

CWO4 John C. Grout Jr., USMC E-2 Christopher L. Johnson, USMC CDR Robert S. Laedlein, USCG CAPT Frank M. Paskewich, USCG CAPT William J. Snyder, USN CAPT Lincoln D. Stroh, USN RADM Joel R. Whitehead, USCG

NEW YORK

Albert A. Alyn, Jr.
LT Roy S. Andersen, USN
AE3 William J. Allard, USN
LT.RN2 R. Gavin S. Anderson, ALS
E-7 Bruno A. Chiappi, USN
Louis J. DiGiusto III, USN
LT Gunnar A. Edelstein, USN
LT Curtis E. Estes, USN
Kenneth G. Kraetzer
CAPT Thomas C. Marsden, USN
E-4 Benedict P. Reyes, USN
AA Richard W. Sage, USN

NEWPORT

LtCol Michael J. Barker, USMC Charles T. Crabtree CDR Kevin J. Delamer, USN Thomas C. Hone CAPT John E. Jackson, USN CAPT Lawrence E. Olsen, USN Michael F. Pavkovic, Ph.D. CAPT Eric J. Shaw, Ph.D, USCG CDR Douglas V. Smith, USN

PHILADELPHIA/DELAWARE VALLEY

Joseph C. Camarota

RALEIGH

CAPT Glenn M. Davis, USN

SAN FRANCISCO

E-7 James M. Cummins, USN Lt. Col. Arthur M. Hardee RM3 James R. Long, USN Dean L. McLeod Sidney F. Mobell

SOUTHWEST

CAPT Robert M. Chamberlain, USN CAPT Robert H Rutherford, USN CAPT Charles R. Wright, USN

TEXAS

SFC Harvey L. Hensley Jr., USA LT Steven K. Howell, USN James P. Sharp, Jr. Cpl Mark D. LeMense, USMC

WESTERN NEW YORK

Albert J. Wright III

Notes from Sick Bay

It was natural for the early American colonies – dependent as they were on maritime commerce – to follow the British example



in providing for medical care for their seagoing men (sixpence per month was deducted from each sailor's pay). Herein I give a brief history of the Naval Hospital Fund, established by Congress to provide accommodation for "disabled and decrepit navy officers, seamen and marines."

February is American Heart Month. I review the leading causes of heart disease, the symptoms of heart attack, and what you can do to reduce your risk of dying of heart disease.

Historical Half Minute

The care of maritime men, both commercial and naval, was early on left to individual colonies and cities. Virginia led the way by establishing a "marine" (meaning "maritime") hospital in 1758-59. North Carolina followed in 1789 with the establishment of a hospital fund. By 1798, Massachusetts had a program to care for sick and disabled persons from all walks of life, supported from the general treasury. New York City, Philadelphia and Charleston also provided for the care of their sick.

The very first Congress under the new Constitution also took up the matter. Members of Congress debated the issue of a hospital fund on and off for more than five years. They did finally pass an act for the relief of sick and disabled (commercial) seamen in July 1798. It didn't take Congress long to see the advantages of the law, and less than a year later, they extended the benefit to Navy men. The law authorized the Secretary of the Navy to deduct twenty cents a month from the pay of every Navy officer, seaman and Marine for this purpose. By 1818, there were temporary wood-frame hospitals at Navy Yards in Brooklyn, Philadelphia, Washington and New Orleans, and part of the Marine barracks served in like manner in Charleston. However, it does not appear that Hospital Fund money was used to build or maintain these facilities.

After several more years of debate and eventual consensus, two separate appropriations (of \$46,217.14 in 1828, and \$125,000 in 1829), made the Naval Hospital Fund whole. In 1830, the first permanent Naval Hospital paid for by Fund money opened in Norfolk. An additional appropriation in 1832 made possible construction of permanent

naval hospitals in Pensacola, Brooklyn, New York City and Boston.



A stereoscopic print circa 1870 of the Old U.S. Naval Hospital in Washington, D.C., by John P. Soule. Reprinted with permission from Special Collections and University Archives, The Gelman Library, The George Washington University.

Modern Half Minute

Heart disease is the largest killer of American adults, both male and female. The Centers for Disease Control and Prevention estimates that nearly 700,000 people die of heart disease in the U. S. each year; one American will die of a heart attack per minute in 2009.

By far the most common kind of heart disease is coronary artery disease – hardening and plugging of the arteries that supply blood and oxygen to the heart muscle. Coronary artery disease can be prevented by controlling blood pressure and cholesterol levels, the leading causes of hardening of the arteries. Diabetes also is an important cause, and tobacco use is implicated.

Regular physical activity – like moderate walking at least 30 minutes a day most days of the week – really improves survival rates after heart attack. Attaining and maintaining ideal body weight is also an important factor in heart disease prevention.

What are the symptoms of heart attack? There are five major symptoms: pain or discomfort in jaw, neck or back; feeling weak, light-headed or faint; chest pain or discomfort; pain or discomfort in arms or shoulder; shortness of breath.

If you (or anyone you know) develop any of these symptoms, call 9-1-1 immediately! A person's chances of surviving a heart attack are increased if emergency care is given as soon as possible.

Please send me your article ideas, requests or constructive criticism. Contact me at tlsnyder@history-havy-med.org; 131 el Camino Real, Vallejo CA 94590-3464; 707-643-8937. For information about The Society for the History of Navy Medicine, check out our website at www.history-navy-med.org.

Respectfully submitted, CAPT Tom Snyder, MC, USN (Ret) NOUS Surgeon General

IN MEMORIAM

The Naval Order notes with regret the passing of these Companions:

ARIZONA

Mr. William J. Rey

FLORIDA FIRST COAST
CAPT Robert L. Beskind, USNR (Ret)

HAMPTON ROADS

CDR Robert S. Agman, USN (Ret)

ILLINOIS

CAPT George R. Dutton, Jr, USN Ret)

LONG BEACH

CAPT M. Elizabeth Kirkley, USN (Ret)

MONTEREY BAY

CDR William Cullin, USN (Ret)

NATIONAL CAPITOL

RADM Penrose L. Albright, USN (Ret) CWO4 Shirley Barlow ADM William J. Crowe, Jr., USN (Ret) CDR Stephen F. Davis, Jr., USN CAPT Robin W. Goodenough, USN (Ret) CAPT Jack Hilton, USN (Ret) CDR Donald B. Leach, USN (Ret) CAPT Albert L. Raithel, Jr., USN (Ret) CAPT Philip G. Saylor, USN (Ret)

NEW ORLEANS

1Lt. James H. Stone, USMC (Ret)

NEW YORK

Mr. James P. Farley CAPT Raphael Mur, USN (Ret) LCDR John J. Wortendyke, USN (Ret)

PENSACOLA

CAPT Wallace H. Lloyd, Jr., USN (Ret)
Past Commander General (1991 – 1993)

RALEIGH

LTJG Charles R. Clark, USN CAPT Vincent J. Colan, USN (Ret)

SAN FRANCISCO

Capt. John J. Conway, USMC CDR Robert T. Dondero, USN (Ret) CDR John P. Haines, USN (Ret) CAPT Fred C. Hawkins, Jr, USN (Ret)

Past Commander General (2003 - 2005)
CDR Paul J. Lundbeck, USN (Ret)
Col Henry R. Morris, USMCR (Ret)
RADM Thomas J. Patterson, Jr., USMS (Ret)
RADM Paul Peck, USN (Ret)
CDR George W. Shutz, USN (Ret)
CAPT Raymond M. Stone, NOAA (Ret)
CAPT Paul Von Kempf, USN (Ret)

TEXAS

CAPT Clinton G. Gosse, USN (Ret) CPO Luke Trahin, USN (Ret)

WESTERN NEW YORK
CDR Christopher Ross, USN (Ret)



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"Change is at Hand"... for Your Newsletter

Two big changes are in store for *NOUS News* in 2009. The first is a move to send the Naval Order's newsletter electronically to as many of our Companions as possible. The printed newsletter is the biggest expense for our organization, with costs at well over one-fifth of the annual budget. The savings in paper, print and postage fees will be quite sizable if even half of our membership begins to receive *NOUS News* online.

Starting with this issue and over the course of the next two editions, we'll begin to send the newsletter directly to Companions with email addresses on record. Companions without email will continue to receive their paper copies via the U.S. Postal Service.

The timing and scope for the second change is a harder to pin down. The Naval Order seeks one of our talented Companions as the new Managing Editor of *NOUS News*. Currently, the newsletter is printed approximately three times a year. The position is ideal for someone who enjoys

working with words, and comes with a guarantee of fresh insight on the history of all the Sea Services.

Responsibilities include setting deadlines, soliciting material from the Commanderies, and selecting appropriate photos and illustrations. Attention to detail is essential, as the Editor's main job is to make sure the articles are accessible, accurate, and informative.

If interested, contact CAPT Kate Gray at 757-423-0531, or email at grayusnr@aol.com.

Have you moved?

Inform the Registrar General to ensure delivery of NOUS News and other correspondence from the Naval Order. Send address changes to:

> Mr. Frank Green P.O. Box 27401 Oakland, CA 94602-0009

OR call 510-531-8643; OR fax 510-308-1816; OR e-mail aeis@california.com.

CALL TO CONGRESS 2009

In addition to the seminars and discussion planned for our Congress attendees, First Coast Commandery offers some very special optional events.

Join us on Wednesday, 14 October aboard the St. Augustine Schooner *Freedom* for an inner harbor day sail narrated by noted Underwater Archeologist Bill Ray Morris.

And on Friday 16 October, enjoy dinner aboard the *Jacksonville Princess II* and disembark at the Times Union Center for the Performing Arts in time to take your seat for the Jacksonville Symphony Orchestra. Maestro Fabio Mechetti will conduct Rachmaninov's "The Rock;" Mendelssohn's Piano Concerto No. 2, Antti Siirala, piano soloist; and Tchaikovsky's Symphony No. 6 "Pathetique."

See www.navalorder.com for up-to-date Congress details!



2009 NAVAL ORDER OF THE UNITED STATES CONGRESS REGISTRATION FORM

First Coast Commandery - Jacksonville, Florida 14-17 October 2009

Name/Title	Life Mbr	(H) Phone ()
Address		(B) Phone	e ()
CityState	Zip	(C) Phone ()
E-Mail (Work)		(Home)	
Attending Spouse/Guest(s)	Life Mbr.	Assoc	Non Mbr
Arrival Date/Time/Dep	parture Date/Time	/Your	Commandery
Plaza; Congress fees, Commander General's Re 330), three Luncheons, & the DSSA Reception of Make check payable to "2009 NOUS Congress Harbor Blvd., Jacksonville, FL 32225. Bill's er Optional Events: Wednesday 14 October 1100 to ~1530. St. Au Bill Ray Morris – bus down, beverages & box la (We need 39 sign ups to sail) ** There will be 8	& Banquet. Congress Registrates and mail registration for mail address is wirthw@beaugustine Schooner "Freedunch on schooner, bus back	tion Fees@ \$2 rm with payment to 0 ellsouth.net. com" inner harbor day@ \$2 e ONLY to St. Augus	25 per person = \$
Friday 16 October Jacksonville Symphony O pm, dinner, cash bar, disembark at the <i>Times Un</i> section seats. After the concert you will cruise be <i>Fantasy for Orchestra</i> ; Mendelssohn <i>Piano Con**RESERVATIONS MUST BE MADE IN A Cosnotti at the Jacksonville Symphony</i> , 904-356	nion Center for the Perform back to the hotel. Maestro ncerto No. 2, Antta Siirala, DVANCE** Major credit	ner Cruise. Embark sing Arts in time for the Fabio Mechetti's Cor Soloist and Tchaikov cards accepted. To o	ne evening's concert (8:00 pm) in your orchestra icert will consist of Rachmaninoff "The Rock" rsky Symphony No. 6 "Pathetique. order your tickets at \$85 per person, call Bill
Names and titles for "Congress badges"	and		
	ion Forms with paymen registration raffle pool CAPT David Poyer'	for three gift pack	ages of noted Maritime Author
*******	******	******	*****

NAVAL ORDER OF THE UNITED STATES Crowne Plaza Jacksonville Riverfront, Jacksonville, FL 14-17 October 2009

Hotel Reservation Information at **www.cpjacksonville.com**. Make your CONGRESS 2009 reservations directly to our host hotel, *Crowne Plaza Jacksonville Riverfront*, 1201 Riverplace Boulevard, Jacksonville, FL 32207 by referencing the Group Name: **Naval Order 2009**. All rooms have a balcony. Congress Rates are \$119 (direct river view is +\$20) plus applicable taxes) and will be honored three days before and after the Congress 13-18 October. Please make your reservations direct to the Hotel by calling 1-904-398-8800 (M-F 8:30 am – 5 pm) or the National Reservations Line: 1-800-2CROWNE (24 Hours) – specify King or Double Beds. The three-letter "group code" for booking reservations online is "NOS" via **www.cpjacksonville.com**.

Rooms are secured with a major credit card. There will be no room cancellation fee for reservations canceled 48 hours prior to the scheduled date of arrival. If reservations are NOT canceled at least 48 hours in advance, a "no-show" fee equivalent to one night's room rent will be assessed. Complimentary high-speed and wireless internet, complimentary self parking; two telephones with data ports and voice mail; 24 hour fitness center; two lounges and two restaurants – *Ruth's Chris Steak House* and *The American Grill*. Several dining options within walking distance, including *The Chart House*. A *Starbuck's Coffee* kiosk is in the lobby. Please refer to the City's website at **www.visitjacksonville.com** to learn more about our beautiful city.